



COOK STAY DRINK IN...
- PONZA (LATINA) - ITALY -
"AN ISLAND TO LOVE"



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4 DAYS TOUR ON PONZA

If you have a deep love for the sea, on the Ponza Island Tour you will find a very special escape. The Pontine Archipelago is just a few hours from Rome and is another of Mother Nature's jewel found in Lazio. Not many people get to experience this untouched paradise that is resting just few miles off the coast of Rome. My love for the sea has inspired me to organise an amazing tour that will surely find a place in your heart!

Four days spent on Ponza cooking, touring, relaxing, fishing and swimming in crystalline water will ensure you a special experience. When in Rome do what the romans do.... Here on Ponza we do not miss a trick, visiting places and sites that are usually the reserve of the locals. Stunning and authentic Ponza will host our cooking vacation in one of her most esteemed 4 star hotels - the Grand Hotel and Spa Santa Domitilla.

After a morning spent shopping in the local market and grocery shops, it is time to learn Mediterranean culinary secrets. Our chef will introduce us in the world of fish, fruit and vegetables according to the season. The local fishing boats arrive in the late afternoon and we will negotiate for the freshest fish and seafood you have ever seen.

Local wines and the relaxing spa will make sure your journey truly unforgettable.

A SEASONAL CHOICE

We have developed our tours around the most natural choice of products so that you are ensured the freshest produce every time. Different activities throughout the year make sure you will come back to visit us for all four seasons!

Discover a new face to an old country with many harvest festivals, food activities, trips to wine cellars, olive oil farm visits, food and wine concerts and seasonal recipes that will make you feel like you are at home!





DAY 1

Arrive at the hotel (transfers to the Island are not included but once you have booked your trip we will be more than happy to help you book the ferry at the best possible rates).

Meet up in the afternoon for the welcome drink and course presentation.

Meet the local fishing boats arriving in the early evening at the port to choose our fish.

Dinner in our amazing restaurant “Gennarino a mare” with wine and beverages included.

Overnight stay.

DAY 2

Breakfast.

We will spend the morning around the little town of Ponza searching for produce to cook.

A light lunch at the hotel restaurant or in one of our suppliers' shop according to the season.

Time to relax; why not use your spa credit?

Late afternoon first hands-on cooking class in the hotel kitchen - fish, pasta and baking.

Dinner on our efforts with selected wines and beverages included.

Overnight stay.

DAY 3

Boat trip around the archipelago (depending on the weather) or a visit to a local farm.

Lunch and the second hands-on cooking class either on the boat or on the farm.

Afternoon back at the hotel to relax, why not use your spa credit?

Get ready for the farewell dinner in the hotel restaurant with selected wines included.

Overnight stay.

DAY 4

Breakfast.

Transfer to the port. (If you would like to extend your stay we can suggest activities to do on the Island.

SPECIAL NOTE

For all the customers who decide to book this tour please bear in mind that Ponza is an island and the sea crossing is subject to weather conditions. In the event a crossing is not possible, the Lake Tour programme will be run as the fixed alternative.

Our standard refund policy of no refund for cancellations made less than one month prior to the tour is applicable.

You are encouraged to take out travel insurance.

WHAT'S INCLUDED

3 night stay in a 4 star Hotel

3 breakfasts

2 lunches and 3 dinners with selected wines and beverages

2 hands-on cooking classes with the chef

A boat trip or a local farm tour with a tasting of local products

1 entry per person to the spa

Minibus transfer from the port to the hotel (walking distance 600m)

NOT INCLUDED

Transfers to and from the Island by sea

Insurance

Any activities not listed above

FOR INFORMATION AND PRICING

contact us directly at info@3inchfat.com

FOR MORE INFORMATION ON THE LOCATION

please visit www.santadomitilla.com



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